1st International Conference of the Faculty of Education Albaha University Kingdom of Saudi Arabia

Resilience Based School Guidance & Counseling Programs:

Promoting student social-emotional & academic well-being

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Role, Function & Effectiveness of School Guidance & Counseling: The difficulty of hitting a moving target

Defining our outcome goal and measures

- o "If you don't know where you are going, any road will take you there"
- o "If you don't know where you are going, you'll probably end up somewhere else"
- "You've got to be very careful if you don't know where you are going, because you might not get there!"

• Learning from our Mistakes:

A trip through School Guidance & Counseling in N. America

- o Origins in 1907
- Progressive Education of early 20th Century
- o WWII and Post War Guidance movement
- Cold War and School Guidance & Counseling
- 60's & 70's Social Upheaval and School Counseling
- o Conservative Politics and Education Reforms of late 20th C. to today
- The BioMedical Paradigm impact

- Resilience as a Paradigm for the Future Prospect of School Guidance & Counseling
 - Resilience as the missing 4th 'R' in Education;
 - Creating Positive Classroom Climates & School Cultures
 - Teaching Social-Emotional Competence
- Components of a Resilience-Based School Guidance & Counseling Program
 - Classroom Guidance Programs for social-emotional competence
 - Consultation: Parents & Teachers
 - o Creating Positive, Supportive School Cultures & Family Environments
 - o Academic, Career & Life Planning
 - School Specific Programs
 - Needs Assessment & Program Evaluation
- Resilience: Seeking a path toward a more intelligent form of education